Empowering Mental Health in Education

YoungMinds

Module 4: *Vision and action*

Closure Webinar
March 2026

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Welcome to the final track of the *Empowering Mental Health in Education* training course!

The session prior to the pilot testing

Today’s journey

Objectives

- To share and discuss participant’s action plans, exploring strategies to overcome challenges.
- To explore opportunities to continuously exchange practices, experiences and challenges along pilot implementation.
- To get feedback on the quality and delivery of the training course.
- To complete the self-assessment of teachers’ competences.

Agenda

5 min	Welcome to today’s journey
5 min	Teams’ Pilates
100 min	Knowing the action plans
5 min	Your path ahead
5 min	Training assessment
5 min	Closing remarks

Before we start let’s make some… Teams’ Pilates!

Follow the commands on the images

Before we start let's make some… Teams' Pilates!

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Arms up!

Head – turn left and right!

Make "circles" with your arms!

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Knowing the action plans

Let’s see it in practice!

- Each teacher has 2 minutes to present the action plan
- You can share your screen if you prefer
- At the end of each presentation there will be 1 minute to other participants make questions or suggestion
- All presentations will be timed, and participants will need to stop

WE COUNT WITH YOUR PRECISION WITH TIME!

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Your path ahead

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When implementing...

As part of the implementation, teachers will need to produce a report, gather evidences of the implementation and collect feedback from participants, as indicated below:

Report

- ❑ Fill in a word document
- ❑ Technical implementation
  - Nr. & identification of the lessons implemented: when, how, & nr. of students
  - Nr. of filmmaking workshops held: when, how, & nr. of students
  - Nr. of screening events organized: when, how, & nr. of participants
- ❑ Journey report
  - Following the Gibb's Reflective Cycle (next slide)

Evidences

- ❑ Table of students involved and list of signatures from the workshops & events
- ❑ Photos of the sessions, workshop and events
- ❑ Work, films and any other outcome from the activities
- ❑ News published by the school related to the activities

Feedback

- ❑ Testimonies and formal feedback from students
- ❑ Feedback from participants at events
- ❑ It may include videos, statements or the collection of surveys

Gibb's Reflective Cycle

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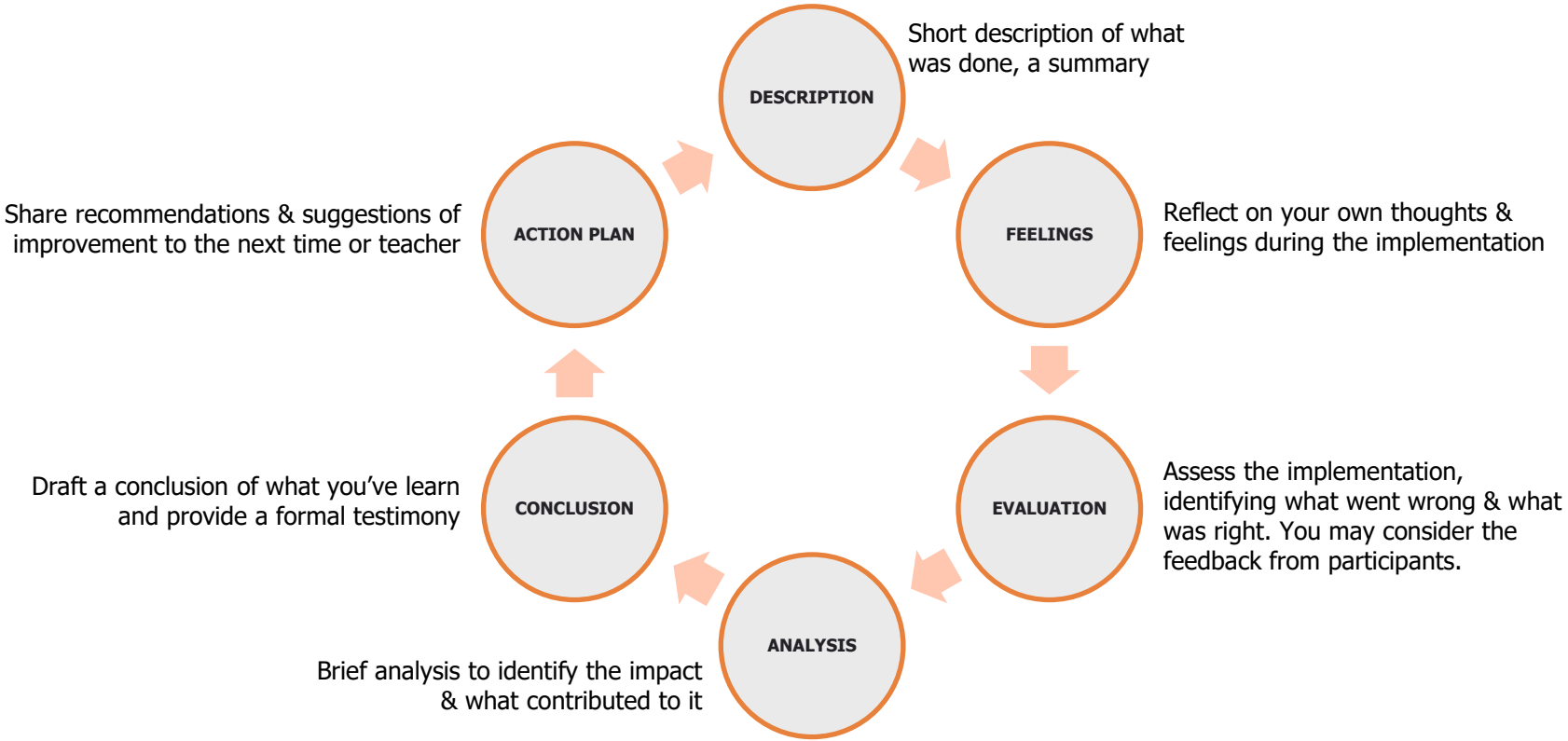
As part of the report, teachers will be asked to provide the following information in a straightforward way. Teachers should start with description.



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Training assessment

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Training assessment

YoungMinds Post-course survey

https://forms.office.com/e/vJru74tQpA

Evaluation of the YoungMinds training

https://forms.office.com/e/xh0Fzt4Guq

Questions or doubts during implementation?

CROATIA

APP |

PGS |

PORTUGAL

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LITHUANIA

PSP |

Akademijos Gimnazija |

GREECE

Karpos |

EPAL Korydallou|

Questions or doubts?

Let’s test *YoungMinds* in our schools!

THANKS!

Website

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