

Empowering Mental Health in Education



YoungMinds

Module 4: *Vision and action*

Closure Webinar
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Welcome to the final track of the
Empowering Mental Health in Education
training course!

The session prior to the pilot testing



Today's journey



Objectives

- To share and discuss participant's action plans, exploring strategies to overcome challenges.
- To explore opportunities to continuously exchange practices, experiences and challenges along pilot implementation.
- To get feedback on the quality and delivery of the training course.
- To complete the self-assessment of teachers' competences.



Agenda

5 min	Welcome to today's journey
5 min	Teams' Pilates
100 min	Knowing the action plans
5 min	Your path ahead
5 min	Training assessment
5 min	Closing remarks



Before we start let's make some...
Teams' Pilates!

Follow the commands on the images

Before we start let's make some... Teams' Pilates!



Arms up!



Head – turn left and right!



Make "circles" with your arms!



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Knowing the action plans





Let's see it in practice!

- Each teacher has 2 minutes to present the action plan
- You can share your screen if you prefer
- At the end of each presentation there will be 1 minute to other participants make questions or suggestion
- All presentations will be timed, and participants will need to stop

**WE COUNT WITH YOUR PRECISION
WITH TIME!**



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Your path ahead



When implementing...

As part of the implementation, teachers will need to produce a report, gather evidences of the implementation and collect feedback from participants, as indicated below:



Report

- Fill in a word document
- Technical implementation
 - Nr. & identification of the lessons implemented: when, how, & nr. of students
 - Nr. of filmmaking workshops held: when, how, & nr. of students
 - Nr. of screening events organized: when, how, & nr. of participants
- Journey report
 - Following the Gibb's Reflective Cycle (next slide)



Evidences

- Table of students involved and list of signatures from the workshops & events
- Photos of the sessions, workshop and events
- Work, films and any other outcome from the activities
- News published by the school related to the activities

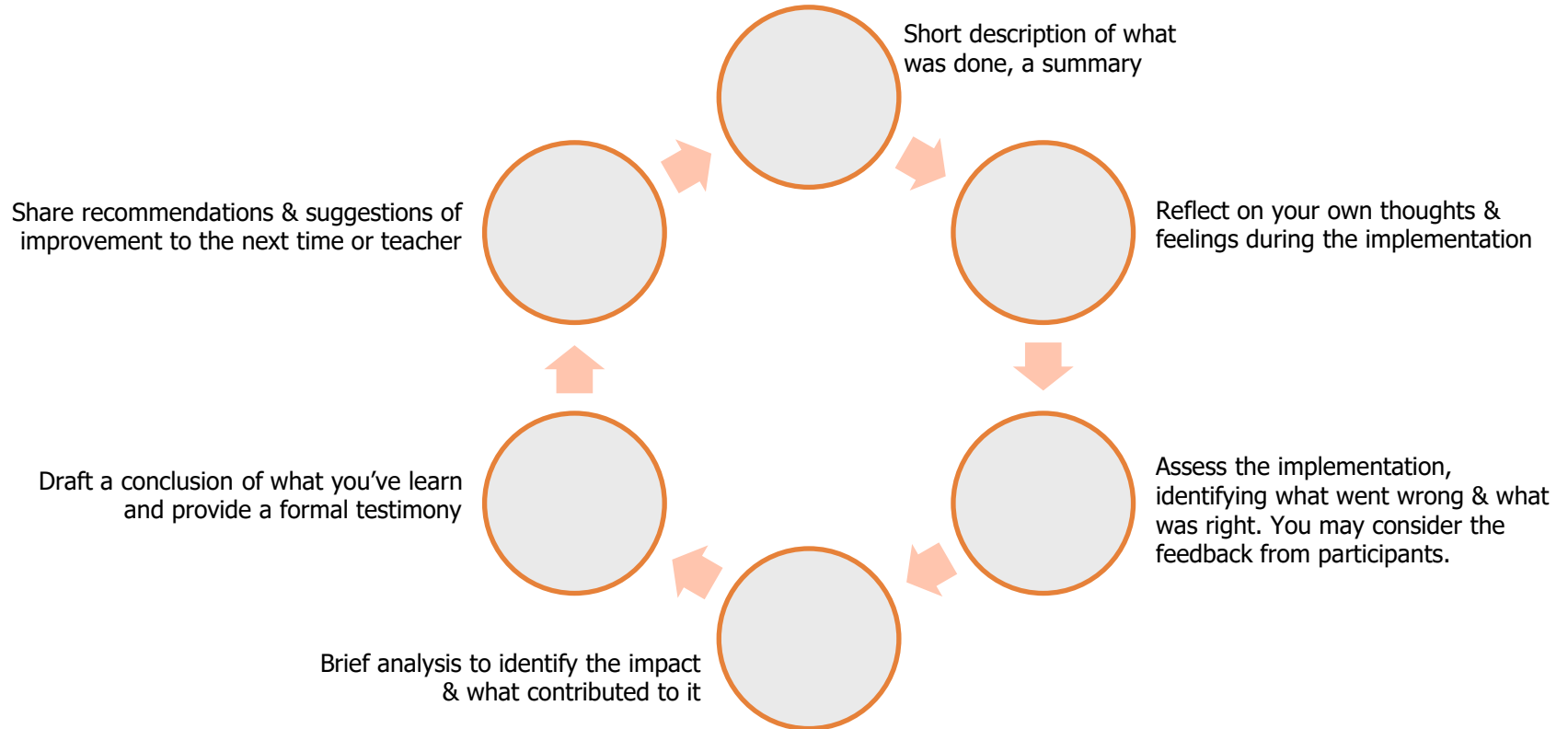


Feedback

- Testimonies and formal feedback from students
- Feedback from participants at events
- It may include videos, statements or the collection of surveys

Gibb's Reflective Cycle

As part of the report, teachers will be asked to provide the following information in a straightforward way. Teachers should start with description.





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Training assessment



Questions or doubts during implementation?

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Questions or doubts?

Let's test *YoungMinds* in our schools!



Training assessment

YoungMinds Post-course survey



<https://forms.office.com/e/vJru74tQpA>

Evaluation of the YoungMinds
training



<https://forms.office.com/e/xh0Fzt4Guq>

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